**NCAA MEN’S LACROSSE**

**2015 AND 2106**

**RULES AND INTERPRETATIONS**

**RULE 5**

**PERSONAL AND EXPULSION FOULS**

**Targeting the Head/Neck**

SECTION 3. A player shall not initiate contact to an opponent’s head or neck with a cross-check, or any part of his body (head, elbow, shoulder, etc.) or stick. Any follow-through that contacts the head or neck shall also be considered a violation of this rule.

**Unnecessary Roughness**

SECTION 5. Unnecessary roughness includes the following:

1. An excessively violent infraction of the rules against holding and pushing (see Rules 6-4 and 6-10).
2. Deliberate and excessively violent contact made by a defensive player against an offensive player who has established a screening position.
3. Any act on the part of a player that is deliberate and excessively violent, whether it be with the body or crosse.
4. A check delivered with the gloved hand or hands may not a punching or thrusting motion. This should not be construed as pushing under Rule 6-10.