



CHAMPIONSHIP HEARTS YOUNG ATHLETE HEART SCREENING PROGRAM
Free Screening – Saturday, July, 30th 2011 – 8:00 AM – 4:00 PM
Heart Hospital – 3801 N. Lamar Blvd. Austin, TX 78756
Free Parking available in the Heart Hospital Parking Garage (Saturday only).

Sign Up Online at www.championshipheartsfoundation.org

BASIC INFORMATION

- ♥ CHF screens young athletes, **ages 14-18**, for **Hypertrophic Cardiomyopathy (HCM)**.
- ♥ HCM causes a thickening of the heart wall, and can lead to obstruction of blood flow and an erratic heartbeat.
- ♥ HCM typically does not present any symptoms.
- ♥ HCM is the leading cause of sudden cardiac death in young people.
- ♥ HCM effects roughly 1 in 500.

SCREENING PROCESS

- ♥ A **parental waiver** must be **signed** in order for the athlete to receive a screening.
- ♥ Athletes should wear **loose fitting clothing**.
- ♥ Screening includes a 12-lead **Electrocardiogram (ECG)** and a limited 2-D **Echocardiogram (ECHO)**.
- ♥ The screening process typically takes approximately **20 minutes per student**.
- ♥ A “two-minute” ECHO technique screens the heart for a fraction of the cost.
- ♥ A screening can be setup via a ‘Traditional’ event at a major hospital, or a ‘Mobile’ event through either a local clinic or physician’s office setting.
- ♥ Screenings are offered at no charge in order to screen all athletes, including those without insurance.
- ♥ A **suggested contribution of \$25** per athlete screened is appreciated.
- ♥ Athletes have the **option to participate** in the **Texas Adolescent Athlete Heart Screening Registry (TAAHSR)** research study. To participate, athletes and parents are informed of data collected, can ask questions, and complete appropriate Consent and Assent documents. Study receives oversight from the Austin Multi-Institutional Review Board.

FOUNDATION INFORMATION

- ♥ Championship Hearts Foundation is committed to reducing cardiovascular disease in Texas through education, awareness, and life-saving technology.
- ♥ Monies received fund future screenings and other Foundation projects.

CHAMPIONSHIP HEARTS FOUNDATION

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