



CHAMPIONSHIP HEARTS YOUNG ATHLETE HEART SCREENING PROGRAM

Free Heart Screening – Saturday, March 31st, 2012 – 8 AM – 12 PM

Seton Medical Center Williamson

201 Seton Parkway

Round Rock, TX 78665

Sign Up Online at www.championshipheartsfoundation.org

BASIC INFORMATION

- ♥ CHF screens young athletes, **ages 14-18**, for **Hypertrophic Cardiomyopathy (HCM)**.
- ♥ HCM causes a thickening of the heart wall, and can lead to obstruction of blood flow and an erratic heartbeat.
- ♥ HCM typically does not present any symptoms.
- ♥ HCM is the leading cause of sudden cardiac death in young people.
- ♥ HCM affects roughly 1 in 500 people.

SCREENING PROCESS

- ♥ A **parental waiver** must be **signed** in order for the athlete to receive a screening.
- ♥ Athletes should wear **loose fitting clothing**.
- ♥ Screening includes a 12-lead **Electrocardiogram (ECG)** and a limited 2-D **Echocardiogram (ECHO)**.
- ♥ The screening process typically takes approximately **20 minutes per student**.
- ♥ Screenings are offered at no charge.
- ♥ Athletes may have the **option to participate** in the **Texas Adolescent Athlete Heart Screening Registry (TAAHSR)** research study. To participate, athletes and parents are informed of data collected, can ask questions, and must sign appropriate Consent documents. Study receives oversight from the Baylor College of Medicine Institutional Review Board.

FOUNDATION INFORMATION

- ♥ Championship Hearts Foundation is committed to reducing cardiovascular disease in Texas through education, awareness, and life-saving technology.
- ♥ Donations are appreciated and help to fund future screenings and other Foundation projects.

CHAMPIONSHIP HEARTS FOUNDATION

9442 Capital of Texas Highway North, Arboretum Plaza One, Suite 500

Austin, Texas 78759

512-340-7320

888-884-6945