



# Fall Indoor Leagues

2011

sponsored by: **RBK** 

September 11th - October 30th

**adrenaline**lacrosse

## PROGRAM DESCRIPTION

The Adrenaline Fall Indoor Competitive League is the perfect change up after the summer outdoor seasons. Indoor play is a fun way for players to work on improving stick skills and shooting in a tight "Box" field setting. This league has proven to have the top competition in the Austin area with most of the areas top programs involved. The smaller field and tighter quarters challenges players to improve their game with increased touches on the ball. Additionally it is an affordable and fun option for players to avoid burnout by competing in a different setting while drastically improving skills. Each team plays with 1 goalie and 5 field players that sub in and out like hockey. Adrenaline coaches and certified referees are on hand to instruct and ensure the safety of the players.

## LOCATION:

### NORTH

Soccer Zone North  
1220 Toro Grande Blvd  
Cedar Park, TX 78613

### SOUTH

A Soccer Zone South  
9501 Manchaca Road  
Austin, TX 78748

## DATES/TIMES:

1 Hour on Sundays

Sept 11th - October 30th

Sept: 11, 18, 25

Oct: 2, 9, 16, 23, 30

*\* The last two weeks will be a North vs. South Play-Off for a City Champion!  
The final schedule will be posted 1 week prior to the start of the league.*

TIMES ARE SUBJECT TO CHANGE BASED ON ENROLLMENT

## GENDER & GRADES:

Boys ONLY

Grades 6 to Post High School

- Division III: 6th - 8th Grades

- Division II: 9th & 10th Grades\*

- Division I: 11th - 12th Grade and Post Graduates

\*Advanced 8th Grade players can participate in Division II upon approval

## TEAMS:

- Players will choose a team based on the High School they attend, will attend or graduated from.
  - Players who attend schools that are not represented or Middle School players who are unaware of what High School they will attend will be placed on a Free Agent Team
  - Any person wishing to create a team may also compete in this league by emailing [info@adrenalinelacrosse.com](mailto:info@adrenalinelacrosse.com)
- \* Team rosters will be posted 1 week prior to the start of the league, adjustments may occur.

## COST/REGISTRATION:

\$150 per player

- Registration does NOT include equipment.
- Players are required to supply their own equipment.
- Check "Player Checklist" for your equipment needs.

Email: [info@adrenalinelacrosse.com](mailto:info@adrenalinelacrosse.com)

Phone: (858) 405-2435

